COURSE OBJECTIVES
This unique full-day course focuses on issues in patients with the most common movement disorders (Parkinson disease, essential tremor, restless legs syndrome) utilizing both a didactic and case-study approach. Designed for the busy clinician, topics will provide attendees with the essential tools for recognition, diagnosis, efficient assessment and initial management of patients with Parkinson disease, essential tremor and restless legs syndrome. Management of motor and non-motor symptoms of Parkinson disease including dementia will be covered. Additionally, recognition of movement disorders contribution to falls will be presented. All course faculty have appointments at the University of Michigan Medical School. Course faculty will give a didactic lecture for each topic that includes case presentations so that participants can experience how course faculty approach cases in their own practice. The morning and afternoon sessions will end with a panel discussion so that participants have ample time to ask questions. The intended audience includes neurologists, psychiatrists, geriatricians, primary care physicians, nurses and physician assistants who are interested in learning more about these movement disorders.

Upon completion of this course, participants should:
• Recognize the motor symptoms of Parkinson disease and be familiar with the current treatment approach to motor symptoms
• Be familiar with the many non-motor symptoms of Parkinson disease and recognize their contribution to a patient’s quality of life
• Recognize the clinical manifestations of dementia, how it influences diagnosis in movement disorders patients, and how to manage the symptoms
• Be familiar with the unique medication safety concerns for hospitalized PD patients.
• Diagnose and treat essential tremor
• Recognize the symptoms of restless legs syndrome and be familiar with the current treatment approach
• Identify contributors to falls in patients with movement disorders and how to best treat/prevent them

TARGET AUDIENCE
The intended audience for this course includes neurologists, psychiatrists, geriatricians, primary care physicians, nurses and physician assistants who see patients with movement disorders.
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PROGRAM SCHEDULE

FRIDAY, SEPTEMBER 25, 2015  6.5 CREDIT HOURS

7:30am  Registration and Continental Breakfast
8:00   Introduction
8:10   Diagnosis and Management of Motor Symptoms in Parkinson Disease  
       Jonathan Snider, MD
8:50   Non-Motor Symptoms in Parkinson Disease and Their Management  
       Praveen Dayalu, MD
9:30   BREAK
9:40   Dementia: Role in Movement Disorders Diagnosis and Management  
       Judith L. Heidebrink, MD
10:20  Hospitalization in Patients With Parkinson Disease  
       Kelvin L. Chou, MD
11:00  PANEL DISCUSSION  
       Moderator:  Kelvin L. Chou, MD
12:00pm LUNCH
1:00   Essential Tremor: What’s New?  
       Daniel Leventhal, MD, PhD
1:40   Update on Restless Legs Syndrome  
       Anita Valanju Shelgikar, MD
2:20   BREAK
2:30   Falls in Movement Disorders  
       Vikas Kotagal, MD
3:10   PANEL DISCUSSION  
       Moderator:  Kelvin L. Chou, MD
4:00   Adjourn

PROGRAM FACULTY

Kelvin L. Chou, MD  
Course Director  
Thomas H. and Susan C. Brown Early Career Professor  
Associate Professor, Neurology and Neurosurgery  
Co-Director, Surgical Therapies Improving Movement (STIM) Program

Praveen Dayalu, MD  
Assistant Professor, Neurology

Judith L. Heidebrink  
Associate Professor, Neurology  
Staff Neurologist, Veterans Affairs Ann Arbor Healthcare System

Vikas Kotagal, MD  
Assistant Professor, Neurology

Daniel Leventhal, MD, PhD  
Assistant Professor, Neurology and Biomedical Engineering

Anita Valanju Shelgikar, MD  
Assistant Professor, Neurology  
Director, Sleep Medicine Fellowship Program

Jonathan Snider, MD  
Clinical Lecturer, Neurology  
Movement Disorder Fellow

PLANNING COMMITTEE

Kelvin L. Chou, MD  
Course Director  
Thomas H. and Susan C. Brown Early Career Professor  
Associate Professor, Neurology and Neurosurgery  
Co-Director, Surgical Therapies Improving Movement (STIM) Program

Laura Zeitlin, LMSW  
Educational Activities Coordinator, Udall Center for Excellence in Parkinson’s Disease  
Clinical Social Worker/Program Coordinator, Surgical Therapies Improving Movement (STIM) Program

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- Identify contributors to falls in patients with movement disorders and how to best treat/prevent them
DATE
Friday, September 25, 2015

TIME
7:30 am - 4:00 pm

LOCATION
The Inn at St. John’s
44045 Five Mile Rd., Plymouth, MI 48170
Phone: (734) 414-0600
Fax: (734) 414-0606
www.stjohnsgolfconference.com

REGISTRATION
You are urged to register as soon as you are certain of attending as we cannot guarantee education materials for applicants who are not preregistered and prepaid by September 11, 2015. Registration fees include continental breakfast, lunch, and educational materials for each participant. Checks should be made payable to the University of Michigan. Payments made via American Express, Visa or MasterCard are also accepted.

RECORDING THE PROGRAM
Recording the program with battery-operated devices not requiring podium microphones is permitted for the registrant’s personal use.

PROGRAM FUNDING
This program is supported under the Education and Outreach Core of the University of Michigan Udall Center for Excellence in Parkinson’s Disease. The Education and Outreach Core pursues a comprehensive program to educate caregivers about the etiology, clinical features and state-of-the-art management of Parkinson disease, including the clinical education of Udall Center Fellows and an aggressive outreach program to inform and educate traditionally underserved communities about Parkinson Disease and related movement disorders.
http://www.udallpd.umich.edu/

FOR MORE INFORMATION:
University of Michigan
Department of Internal Medicine
Continuing Medical Education
24 Frank Lloyd Wright Dr., Lobby J, Suite 1200
Ann Arbor, MI 48106
ACCREDITATION AND CREDIT DESIGNATION:
The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, U-M Movement Disorders Update: Improving Patient Care, with a beginning date of 09/25/2015, has been reviewed and is acceptable for up to 6.50 prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Osteopathic Association has approved this live activity for 6.50 credit hours.

DRIVING DIRECTIONS
From the East
Follow I-96 until it turns into M-14. Follow M-14 west to Sheldon Road exit. Turn right onto Sheldon Road. Follow Sheldon Road for about half a mile. Turn right onto Five Mile Road. Entrance to The Inn at St. John’s is on the right.

From the West
Follow M-14 east to Sheldon Road exit. Turn right onto Sheldon Road. Follow Sheldon Road for about half a mile. Turn right onto Five Mile Road. Entrance to The Inn at St. John’s is on the right.

From the South
Take I-275 north to M-14. Exit onto M-14 west towards Ann Arbor. Follow M-14 west to Sheldon Road exit. Turn right onto Sheldon Road. Follow Sheldon Road for about half a mile. Turn right onto Five Mile Road. Entrance to The Inn at St. John’s is on the right.

From the North
Take I-275 south to M-14. Exit onto M-14 west towards Ann Arbor. Follow M-14 west to Sheldon Road exit. Turn right onto Sheldon Road. Follow Sheldon Road for about half a mile. Turn right onto Five Mile Road. Entrance to The Inn at St. John’s is on the right.

P: (734) 232-3469
F: (734) 998-0085
Email: intmedcme@umich.edu
www.med.umich.edu/intmed/cme
COURSE DIRECTOR
Kelvin L. Chou, MD

Kelvin L. Chou, M.D., is the Thomas H. and Susan C. Brown Early Career Professor and Clinical Associate Professor of Neurology and Neurosurgery in the Department of Neurology. He is the Education and Outreach Core leader for the U-M Udall Center for Excellence in Parkinson’s Disease. Dr. Chou also serves as Co-Director of the Surgical Therapies Improving Movement (STIM) Program.

Dr. Chou’s research is focused on improving the ability to treat movement disorders patients through deep brain stimulation (DBS) by better understanding the relationships between patient baseline characteristics, DBS targeting, and the clinical effects of stimulation.

Dr. Chou sees all patients with movement disorders (i.e. Parkinson disease, tremors, dystonia, Huntington disease). He has particular interest in Parkinson disease (PD) and deep brain stimulation (DBS) for movement disorders, and he also has clinical expertise in botulinum toxin injections for movement disorders such as dystonia.

Dr. Chou serves on the Professional Advisory Board of the Michigan Parkinson Foundation, the Medical Advisory Board of the International Essential Tremor Foundation (IETF) and has published a book for patients and families called Deep Brain Stimulation: A New Life for People with Parkinson’s, Dystonia and Essential Tremor.

FOR PATIENT CARE OR REFERRALS:
University of Michigan Health System Department of Neurology
East Ann Arbor Health and Geriatrics Center
4260 Plymouth Rd. Level 1
734-764-6831

REGISTRATION FORM
U-M MOVEMENT DISORDERS UPDATE
Friday, September 25, 2015

REGISTRATION OPTIONS
Mail this Form to:
University of Michigan
Department of Internal Medicine CME
24 Frank Lloyd Wright Dr.
Lobby J, Suite 1200
Ann Arbor, MI 48106-5750

Online: www.med.umich.edu/intmed/cme
By Phone: (734) 232-3469
By Fax: (734) 998-0085

Registration Deadline to guarantee materials:
September 11, 2015
On-site registration will also be available.

CONTACT INFORMATION

REGISTRANT NAME (first, middle initial, last) 
(as you would like it to appear on your name tag)

DEGREE - select all that apply
□ MD □ DO □ PhD □ PA
□ NP □ RN □ Other:

PREFERRED MAILING ADDRESS.................................select one
□ HOME □ BUSINESS

ADDRESS

CITY STATE ZIP OR POSTAL CODE COUNTRY

CONTACT PHONE NUMBER(S):
□ CELL / HOME □ WORK

EMAIL ADDRESS (Receipts and confirmations are sent via email. Please print clearly.)
SPECIAL ACCOMMODATIONS

RATE & PAYMENT INFORMATION

REGISTRATION OPTIONS | GENERAL RATE | ALLIED HEALTH / RETIREES
---|---|---
Full Course | □ $150 | □ $100

There are no partial day registrations for this course. Refunds can be processed up to a week in advance but a $50 service fee will be charged. Please enclose a check (U.S. currency) payable to the University of Michigan or pay by credit card (see below).

All registrations are considered confirmed once payment is received. All registrations taken by phone, fax or online will receive an email confirmation. Please call (734) 232-3469 with any questions or concerns.

CREDIT CARD: □ AmEx □ Discover □ MasterCard □ Visa

CARD # EXP. DATE

NAME ON CARD (Please print)

SIGNATURE (Not valid without signature)